

HELLO! I'M ONE OF YOUR NEIGHBOURS AND IF YOU'RE SELF-ISOLATING I'D LOVE TO HELP YOU!

My/Our name(s) is/are

I/We live locally at

My phone number is

If you are self-isolating with COVID-19, We/I would love to help with:

- Picking up shopping, prescriptions or other urgent supplies (and dropping them at your door, to avoid physical contact)
- A friendly phone call

Please call or text me/us and I/we will do my/our best to help you (for free!)

I/We are also part of a local church called Vineyard 53. You can contact them by emailing hello@vineyard53.org .



vineyard53.org



[@vineyard53.org](https://www.instagram.com/vineyard53.org)



[/vineyard53.org](https://www.facebook.com/vineyard53.org)

HELLO! I'M ONE OF YOUR NEIGHBOURS AND IF YOU'RE SELF-ISOLATING I'D LOVE TO HELP YOU!

My/Our name(s) is/are

I/We live locally at

My phone number is

If you are self-isolating with COVID-19, We/I would love to help with:

- Picking up shopping, prescriptions or other urgent supplies (and dropping them at your door, to avoid physical contact)
- A friendly phone call

Please call or text me/us and I/we will do my/our best to help you (for free!)

I/We are also part of a local church called Vineyard 53. You can contact them by emailing hello@vineyard53.org .



vineyard53.org



[@vineyard53.org](https://www.instagram.com/vineyard53.org)



[/vineyard53.org](https://www.facebook.com/vineyard53.org)

HELLO! I'M ONE OF YOUR NEIGHBOURS AND IF YOU'RE SELF-ISOLATING I'D LOVE TO HELP YOU!

My/Our name(s) is/are

I/We live locally at

My phone number is

If you are self-isolating with COVID-19, We/I would love to help with:

- Picking up shopping, prescriptions or other urgent supplies (and dropping them at your door, to avoid physical contact)
- A friendly phone call

Please call or text me/us and I/we will do my/our best to help you (for free!)

I/We are also part of a local church called Vineyard 53. You can contact them by emailing hello@vineyard53.org .



vineyard53.org



[@vineyard53.org](https://www.instagram.com/vineyard53.org)



[/vineyard53.org](https://www.facebook.com/vineyard53.org)

HELLO! I'M ONE OF YOUR NEIGHBOURS AND IF YOU'RE SELF-ISOLATING I'D LOVE TO HELP YOU!

My/Our name(s) is/are

I/We live locally at

My phone number is

If you are self-isolating with COVID-19, We/I would love to help with:

- Picking up shopping, prescriptions or other urgent supplies (and dropping them at your door, to avoid physical contact)
- A friendly phone call

Please call or text me/us and I/we will do my/our best to help you (for free!)

I/We are also part of a local church called Vineyard 53. You can contact them by emailing hello@vineyard53.org .



vineyard53.org



[@vineyard53.org](https://www.instagram.com/vineyard53.org)



[/vineyard53.org](https://www.facebook.com/vineyard53.org)