

# Icebreakers

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This resource is to give you ideas for ice-breakers that you can (hopefully) use in your small group.

## Level 1 Ice-breakers

Level 1 Ice-breakers are simple questions in which the group share a little bit of information about themselves:

- What's the longest period you've gone without sleep?
- Who's the most famous person you've ever met?
- What has been your favourite ever pair of shoes?
- What was your best gift you ever received as a child?
- What is your favourite city?
- What is the most daring thing you've ever done??
- Who was your favourite TV character when you were a child?
- What's your favourite way to waste time?
- What's your most memorable childhood injury?
- When did you last chunder?
- What was your favourite childhood toy?
- What was your worst ever job?
- What's the worst job you've ever had?
- What's been the highlight of your year?

## Level 2 Ice-breakers

Level 2 Ice-breakers go a little deeper and require the group to share their opinions on something:

- What do you most miss about childhood?
- If you could go to university (or back to university) what would you study?
- What would be your dream job?
- What day of your life would you most like to relive?
- If you could travel back in time where would you most like to visit?
- Who is your hero?
- If you won the Euro millions what would you buy?
- If you were given a year of work on full pay, but couldn't go travelling extensively, what would you do?
- Your house is on fire. All your family are safe. You have a minute to run through the house and salvage three things. What do you save?
- If you could take an extra day a week off work what would you do with it?
- If you could be famous for something what would you like it to be?
- If you saw your favourite celebrity in Tesco's would you speak to them and if so what would you say?

## Level 3 Ice-breakers

Level 3 Ice-breakers are more full-on and require the group to share deeper feelings. They may form the basis of the whole small-group session:

- Who have been the three most influential people in your life and why?
- What would you most like to do before you die?
- Who are you more like – your mum or your dad?

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- What are would you like to be taken more seriously in?
- When in your life (if ever) did God become more than a word for you?
- What has been the highpoint and low point of this week?
- Share a moment from the last couple of weeks when one of your core values was either threatened or affirmed?
- If you could tell the 16 year old version of yourself one thing what would you tell them?
- If you knew that you only had a year to live how would your life change?
- How many of your friendships have lasted more than ten years? Which of your current friends do you expect to still be close to ten years from now?

## Other Ideas

As well as the more traditional ice-breakers you could mix things up in the following ways:

- Ask any of the level 1 or 2 questions but get people to write their answers on a piece of paper and throw them in a pot. Then read out the answers and get the group to try and guess whose is whose.
- Get people to write down three “facts” about themselves – two that are true, and one that is made up.
- Play a simple game e.g. charades or Pictionary.